

# VEIN CENTER

## Path of Treatment



### NEW PATIENT CONSULTATION

Initial visit with physician or physician assistant (PA), includes:

#### Vascular ultrasound

Identify the source of vein disease through non-invasive imaging

#### Discuss ultrasound results

- Personalized treatment plan
- If necessary, initiate conservative therapy for 90 days which includes daily compression hose use, calf exercise, leg elevation and salt restriction

#### Insurance approval

Can take 30-90 days for insurance approval after conservative therapy.

Is it vein disease?

No

Yes



### OUTPATIENT PROCEDURE

Schedule procedure with physician based on your individualized treatment plan:

- Venous ablation
- Sclerotherapy
- Stab phlebectomy



### POST-PROCEDURE FOLLOW UP

- Appointment with physician or PA
- Post-procedure ultrasound and cosmetic plans



### SCLEROTHERAPY TREATMENT

Pay-per-session



### FOLLOW-UP

6-12 months or as needed

**Rashida Abbas, MD • Michael Ridner, MD  
Heather Lockhart-Payne, PA-C**

Venous reflux disease develops when your veins become damaged or diseased. Contributing factors include age, family history, obesity, multiple pregnancies and professions that require standing. If left untreated, venous reflux disease may worsen over time.

**Symptoms of vein insufficiency**

- Varicose or spider veins
- Restless legs
- Aches, pain, swelling, heaviness or fatigue in the legs or ankles
- Skin changes such as dry, itchy skin, redness or brown discoloration
- Ulcers, open wounds or sores

**Our vein specialists use minimally-invasive techniques such as**

- Radiofrequency vein ablation
- Sclerotherapy
- Ambulatory Phlebectomy

*\*Check with your insurance company about coverage for treating venous reflux disease. Treatments are covered by most insurance, including Medicare.*

**Benefits of treatments**

- Significant relief of symptoms
- Better cosmetic results
- Less postoperative pain
- Ability to resume normal activities within days



Only accredited center  
in North Alabama

 **Vein Services**

930 Franklin Street • Huntsville, AL 35801  
(256) 519-VEIN • [theheartcenter.md/vein](http://theheartcenter.md/vein)